

Health Care Management Conference

April 28-29, 2025 | Fort Myers, Florida

A Forward-Looking Approach to Cost Containment



The Role of
Artificial Intelligence
in Health Benefits

The State of the Union
of GLP-1 Drug Coverage

Supporting Women in the Workforce

Providing Care for an Aging Population

www.ifebp.org/healthcare

International Foundation
OF EMPLOYEE BENEFIT PLANS 

Health Care Management Conference

April 28-29, 2025

Fort Myers, Florida

How Is Your Organization Adapting to Industry Challenges?

As a health fund fiduciary, you are responsible for comprehensive coverage that attains high outcomes and is equitable and cost effective. Achieving these goals in the face of new therapies, rapidly expanding technologies, and double-digit annual cost increases can be daunting. This year's conference will take a proactive approach to cost containment, identifying current and future trends that are, and will be, impacting your plan. Conference sessions will be hands-on and practical, combining lecture-based presentations, case studies and roundtable discussions.

Who Should Attend

- Trustees of multiemployer trust funds of any size
- Third-party and salaried administrators and key staff
- Members of bargaining committees
- Fiduciaries, staff and trustees from governmental plans

What You Will Gain

- Comprehensive presentation materials and reference sources
- Solutions you can implement in your organization to keep your benefits effective while remaining affordable
- A solid grasp on the changes and trends in the industry that are effecting your funds.
- Creative and sound new strategies to stay ahead of the curve and fulfill your fiduciary responsibilities

PROGRAM AT A GLANCE

| MONDAY April 28, 2025 | |
|---------------------------------|---|
| 8:30-9:30 a.m. | Opening Session: The Role of Artificial Intelligence in Health Benefits |
| 9:45-10:45 a.m. | Health Care Legal and Legislative Update |
| 11:00 a.m.-12:00 noon | The State of the Union of GLP-1 Drug Coverage |
| 1:00-2:00 p.m. | Prescription Drug Pipeline Update |
| 2:15-3:15 p.m. | Provider Landscape Update |
| 3:30-4:30 p.m. | Panel Discussion—The Future of Health Care |
| TUESDAY April 29, 2025 | |
| 8:30-9:30 a.m. | Effective Health Literacy Approaches |
| 9:45-10:45 a.m. | Supporting Women in the Workforce |
| 11:00 a.m.-12:00 noon | The State of the Union of GLP-1 Drug Coverage— Next Steps |
| 1:00-2:00 p.m. | Providing Care for an Aging Population |
| 2:15-3:15 p.m. | Case Study Approaches to Cost Containment |
| 3:30-4:30 p.m. | Identifying and Addressing Your Key Cost Drivers |

(All times are listed in Eastern Standard Time.)

Register online at
www.ifebp.org/healthcare

PROGRAM SCHEDULE

SUNDAY | April 27, 2025

4:00-6:00 p.m.

Registration/Information

MONDAY | April 28, 2025

7:30-8:30 a.m.

Registration/Information and Continental Breakfast

8:30-9:30 a.m.

Opening Session: The Role of Artificial Intelligence in Health Benefits

The evolution of artificial intelligence (AI) technology has had a substantial impact on health care. This session will address:

- Current and future capabilities
- Impact on the member experience
- Impact on transparency and efficiencies
- Impact on medical decision making
- Overview of HHS strategic plan
- Future risks and opportunities.

Co-Speakers: Scott M. Price

Michael Stoyanovich

**Register online at
www.ifebp.org/healthcare.**

MONDAY | April 28, 2025 *(continued)*

9:45-10:45 a.m.

Health Care Legal and Legislative Update

Attend this session to learn about updates in the legislative and regulatory environment for health and welfare plans. Topics will include:

- Federal and state implications
- ERISA preemption
- Impact of the Inflation Reduction Act
- Implications of recent federal elections.

Speaker: Louise F. (Wendy) Pongracz

11:00 a.m.-12:00 noon

The State of the Union of GLP-1 Drug Coverage

A recent study states that the use of glucagon-like peptide-1 (GLP-1) drugs increased 40-fold between 2017 and 2021. This increase has had a massive impact on patients, health care providers and funds. How did we get to this point? What are the benefits and drawbacks to coverage? The session will address the needs of funds that cover GLP-1 drugs, those that do not and those that are considering offering coverage. Topics will include:

- Level setting—How did we get here?
- Coverage considerations
- Cost-containment strategies (utilization management, step therapy, maximums and more)
- Role of rebates
- Role of provider shortages
- Safety considerations.

Co-Speakers: AJ Ally

Michael P. Brady

MONDAY | April 28, 2025 *(continued)*

12:00 noon-1:00 p.m.

Lunch

1:00-2:00 p.m.

Prescription Drug Pipeline Update

The introduction of new prescription drug therapies in the fields of diabetes, cancer and genetic testing has been top of mind for plan participants and decision makers. How will these new therapies impact your plan? What is coming down the pipeline? This session will cover:

- Precision medicine update
- Genetic testing implications
- Cost-containment considerations (biosimilars, interchangeability and more).

Speaker: Danny Dike

2:15-3:15 p.m.

Provider Landscape Update

The provider landscape is marked by several conflicting forces impacting the cost, quality and availability of health care services. How does this rapidly changing environment impact your plan and its participants? This session will cover:

- Provider shortages
- Impact of industry consolidation
- New entrants
- Role of private equity
- Role of technological innovation
- Changes in regulatory attention
- Overview of the point solutions landscape and other technology.

Co-Speakers: Sarah Gunderson
Sadhna Paralkar, M.D.

MONDAY | April 28, 2025 *(continued)*

3:30-4:30 p.m.

Panel Discussion—The Future of Health Care

A panel of experts will discuss a number of emerging trends in the health care arena. Attendees will have the opportunity to participate in the discussion and ask pressing questions.

Panelists: Sadhna Paralkar
Louise Pongracz
Travis Smith
Aruna Vohra

4:30-5:30 p.m.

Welcome Reception

Refreshments and light hors d'oeuvres will be served.
Guests are welcome.

**Register online at
www.ifebp.org/healthcare**



TUESDAY | April 29, 2025

7:30-8:30 a.m.

Registration/Information and Continental Breakfast

8:30-9:30 a.m.

Effective Health Literacy Approaches

A recent study noted that improved health literacy could prevent over one million hospital visits and save over \$25 billion per year. How can you best utilize these concepts to ensure that your plan participants are making the best possible decisions for their own health, as well as the health of the plan? Topics will include the following:

- Where to start: Initiatives for leadership, staff and plan participants
- Communicating plan information
- Communicating the “language of health care” to plan participants
- Case study examples of success.

Speaker: Lisa L. Kaiser, CEBS

**Register online at
www.ifebp.org/healthcare.**

TUESDAY | April 29, 2025 *(continued)*

9:45-10:45 a.m.

Supporting Women in the Workforce

Women represent 47% of the current U.S. workforce. However, they still face significant barriers not faced by men in similar fields. This panel will discuss the programs, policies and benefits that are key to keeping women's well-being at the forefront as well as attracting and retaining their talent in your workforce. Topics will include:

- Overcoming gender-based stigma in your funds
- Menstrual health benefits
- Family-forming benefits
- Menopause-related benefits
- Caregiving benefits
- Paid leave offerings.

Speaker: Lana M. Saal

11:00 a.m.-12:00 noon

The State of the Union of GLP-1 Drug Coverage—Next Steps

This panel discussion will build on Monday's session, addressing next steps. Topics covered will include:

- Utilizing a holistic approach to weight management
- Fraud prevention initiatives
- Long-term implications
- Future implications for the industry
- Next steps for your fund.

Co-Speakers: AJ Ally
Michael P. Brady

12:00 noon-1:00 p.m.

Lunch

TUESDAY | April 29, 2025 *(continued)*

1:00-2:00 p.m.

Providing Care for an Aging Population

The average age of the U.S. workforce continues to increase, hitting 40 years old in 2024. Is your plan equipped to deal with this demographic reality? This session will address:

- Understanding age-driven health care costs
- Caregiving needs
- Meeting the needs of the sandwich generation
- The impact of mental health and the loneliness epidemic
- Retiree health care considerations.

Speaker: Lian Kuang-Maoga

2:15-3:15 p.m.

Case Study Approaches to Cost Containment

Providing high-quality care while containing escalating costs is the primary goal of health plan trustees and administrators. This becomes increasingly difficult in an environment of double-digit medical inflation. This session details several examples of funds moving from concept to practical application. Potential topics include:

- Reference-based pricing approaches
- On-site/near-site clinics
- Preventive care/screenings
- Impactful data analysis initiatives
- Role of member advocacy
- Identifying your future high-cost claimants through data analysis.

Panel Facilitator: Aruna Vohra

Panelists: Patrick J. Keenan

Lisa L. Kaiser, CEBS

Stephen J. O'Sick, CEBS

3:30-4:30 p.m.

Identifying and Addressing Your Key Cost Drivers

This session will serve as a recap of the conference sessions. Identify the prevailing drivers that are most impacting your plan and review key takeaways from the previous sessions.

Speaker: Travis R. Smith

Hotel Information

Luminary Hotel & Co. Fort Myers, Florida

Reservation Deadline: March 17, 2025

Rates: US\$249 (one king bed)

Hotel Accommodations: You will be charged a US\$400 deposit upon registration. Please specify your hotel requirements on the registration form.

For additional hotel information, visit our Hotel/Travel tab at www.ifebp.org/healthcare

**Note: Hotel room availability is not guaranteed outside of scheduled program dates.*



Hotel Details

The Luminary Hotel & Co. is an exceptional destination nestled in the heart of Fort Myers, Florida. Each room features plush bedding, contemporary furnishings and upscale amenities, including high-speed Wi-Fi, flat-screen TVs and coffee makers. Many accommodations also offer stunning views of the city skyline or the Caloosahatchee River.

Location Details

Situated in the thriving downtown district, Luminary Hotel & Co. provides guests with easy access to Fort Myers' cultural and entertainment hubs. Explore the nearby River District, indulge in local dining or take a stroll along the picturesque waterfront— Everything you need is right at your doorstep.

Sponsorship Opportunities

Sponsorships are now available to organizations that market to health and wellness benefits decision makers. This conference provides a perfect opportunity to increase your brand exposure while you network with trustees of multiemployer trust funds and governmental plans, administrators, key staff and fiduciaries.

Sponsorship Levels

Gold | *Conference App or Attendee Luncheon*

Receives one complimentary and one discounted registration

Silver | *Continental Breakfast*

Receives one complimentary conference registration

Bronze | *Refreshment Break*

Receives one conference registration at a 50% discount

Thank You to Our Current Sponsor!



Sponsorships at each level are recognized in a variety of ways, including on the conference web page and in preconference promotions, on conference signage and table tent cards at the sponsored event, with a company listing on the conference app, with **complimentary or discounted conference registrations, and more!**

Contact us today! Diane Mahler | (262) 373-7656 | dianem@ifebp.org

Learn more at www.ifebp.org/sponsorships.

Investments Institute

Are you responsible for your fund's retirement plan? Attend the Investments Institute, held immediately following the Health Care Management Conference.

Wednesday, April 30-Thursaday, May 1, 2025

Luminary Hotel & Co. | Fort Myers, Florida

The coming year is set to significantly impact pension investors. As a fiduciary, your role is to capitalize on these changes and maximize investment returns for your plan members. What will a new administration, easing interest rates and favorable jobs data mean for the plans you oversee? The Investments Institute will provide the most relevant sessions led by industry experts, equipping you with the insights, skills and strategies you need to help ensure your fund's long-term success.

Benefits of Attending

- Learn from highly regarded experts in the field of investing.
- Network with peers who are facing similar challenges.
- Hear current perspectives on the global economy.
- Discuss your fund's strategies with peers from other benefit plans.
- Take advantage of the intimate learning environment and get your specific questions answered.

Who Should Attend

The Investments Institute is designed for individuals involved in setting investment policy for defined benefit and defined contribution retirement plans, health and welfare plans, and joint apprenticeship and training committees, including:

- Trustees
- Administrators and staff
- Corporate officers and executives
- Finance personnel.

Register today at www.ifebp.org/investments.

| | Member Pricing | Nonmember Pricing |
|-------------------|----------------|-------------------|
| Through 3/17/2025 | US\$1,750 | US\$1,970 |
| After 3/17/2025 | US\$2,050 | US\$2,270 |

ATTEND BOTH PROGRAMS AND SAVE US\$500!

If you serve on both a health fund and pension fund, you need the education to best fulfill all your responsibilities. Register to attend Health Care Management Conference and Investments Institute in one trip and save US\$500 on your registration at checkout.

Plan Ahead



JULY 2025

- 14-15 **Fraud Prevention Institute for Employee Benefit Plans**
Chicago, Illinois
www.ifebp.org/fraud
- 14-15 **Health Benefit Plan Basics**
Chicago, Illinois
www.ifebp.org/benefitscourses
- 16-17 **Funding and Finance of Health Benefits**
Chicago, Illinois
www.ifebp.org/benefitscourses
- 18-19 **Health Care Cost Management**
Chicago, Illinois
www.ifebp.org/benefitscourses



OCTOBER 2025

- 6-7 **Ancillary Benefit Plans**
Austin, Texas
www.ifebp.org/benefitscourses
- 8-9 **Health Benefit Plan Basics**
Austin, Texas
www.ifebp.org/benefitscourses
- 10-11 **Health Care Cost Management**
Austin, Texas
www.ifebp.org/benefitscourses



NOVEMBER 2025

- 9-12 **71st Annual Employee Benefits Conference**
Honolulu, Hawai'i
www.ifebp.org/usannual

REGISTRATION

Register today at www.ifebp.org/healthcare.

CONFERENCE REGISTRATION FEES

After March 17, 2025

Member: US\$2,050 | Nonmember: US\$2,270

POLICIES

Cancel and transfer fees are based on registration fee paid 60+ days of meeting is 10%; 31-59 days of meeting is 25%; within 30 days of meeting is 50%. Hotel deposit is forfeited for cancellations/transfers received within 3 days (8 days for Disney properties) of arrival. Registration fee is forfeited once the program commences. For details, see www.ifebp.org/policies.

CONTINUING EDUCATION CREDIT

Continuing education (CE) credit for professions and designations MAY be available for attendance at live sessions. You must request CE credit on your program registration at least 60 days prior to the beginning of the program so that the Foundation can seek preapproval from the governing agency.

Note: Requests made for CE credit do not guarantee administration of credit. For further information on CE credit, please call (262) 786-6710, option 2, or email continuinged@ifebp.org.



Educational sessions at this program can qualify for CEBS® Compliance credit. Visit www.cebs.org/compliance for additional information.



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Visit www.ifebp.org/healthcare to register.

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