



**Lauren Scott, B.A. (Hons.),
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Lauren Scott is the Director of client services at Mental Health Innovations. With over 20 years of experience in senior leadership positions within the health care sector, Lauren has dedicated the last decade of her career to championing peer support. She focuses on leveraging individuals' lived experiences to support others on their journey, ensuring that everyone has the opportunity to receive emotional and social support from someone who "has been there." Lauren is recognized as a subject matter expert in peer support, having designed and managed programs across diverse settings, including first responder organizations, government agencies, communities, and health care systems. She has trained hundreds of peer supporters, believing that spending time with them can offer hope for the future. Lauren is also a licensed therapist with a master of arts degree in counselling psychology, a master of health services administration degree, and a bachelor of arts degree with honours. Outside of her professional life, Lauren is a loving mother who enjoys hiking, reading, and exploring new activities.