



Purnima Mohan

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Purnima Mohan is the health and well-being program manager at the Buffalo Niagara Medical Campus (BNMC). She is passionate about healthy living and embodies healthy eating and mindful living. She acts as a change agent to make the district and surrounding community a healthier place for all. She helps plan, develop, coordinate, and implement health and well-being programs. She works with internal team members and external partners for the department's initiatives in lifestyle medicine, corporate wellness, local food systems, and community health. She helps design, coordinate, and implement a comprehensive slate of programs for the campus community across the different dimensions of health and well-being.