



Sarah Jenner

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Sarah Jenner has worked in the workplace mental health sector for more than 13 years. As a consultant with Mary Ann Baynton & Associates Corp., she partners with organizations across diverse sectors to assess workplace culture and implement strategies that enhance employee experience and engagement. Sarah designs and facilitates programs, courses and workshops that support talent development, leadership effectiveness and the prevention and resolution of workplace challenges, including the Psychologically Safe Leader Method program. She has contributed to the development of Being a Mindful Employee for the Mental Health Commission of Canada and HaveThatTalk for Ottawa Public Health. Sarah is a regular contributor to Workplace Strategies for Mental Health, a guest faculty member at Osgoode Hall Law School and York University, and co-author of *Less Stress, Better Business* with Mary Ann Baynton and David MacDonald.