



**Suzy Harrington,
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Suzy Harrington, D.N.P., R.N., MCHES, is a nationally recognized well-being leader, speaker, and strategist dedicated to fostering individual and community resilience. With experience across higher education, healthcare, the Air Force, and nonprofits, Suzy has led initiatives that prioritize holistic health, including physical, emotional, and social well-being. Suzy served as the first dedicated chief wellness officer in higher education and contributed to the Okanagan Charter for Health Promoting Universities. Her leadership has spanned roles at the University of Vermont, Texas Children's, and University of Houston, where she implemented impactful well-being strategies for diverse populations. A former Air Force officer, she also held nursing roles in critical care and school health, which remain central to her diverse career in health promotion. Suzy holds a doctor of nursing practice degree in leadership, a master's degree in health services, and certifications in health education. Known for her vision, agility, and commitment, she continues to advocate for sustainable well-being initiatives across communities.