



Dinesh Gyawali, Ph.D., CWP, CWWS

**Wellness Consultant
JPS Health Network
Fort Worth, Texas**

Dr. Dinesh Gyawali is a seasoned wellness consultant with over two decades of experience in wellness education, corporate health and wellness, and employee well-being initiatives. Throughout his career, Dr. Gyawali has been at the forefront of designing and implementing impactful wellness strategies that foster healthier, more connected workplaces. His expertise spans across building sustainable employee wellness programs, cultivating wellness champions, and driving organizational culture change through evidence-based practices. A sought-after speaker and thought leader, Dr. Gyawali brings a passion for empowering individuals and organizations to thrive through holistic well-being, and he is dedicated to helping leaders build meaningful connections that support a culture of health and engagement.