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Allen Furlong leads Dion Strategic Consulting Group's Life and Health Actuarial and Consulting practice, bringing 18 years of expertise in the Canadian insurance industry. A Fellow of both the Canadian Institute of Actuaries and the Society of Actuaries, he has supported public and private sector organizations and employee life and health trusts with tailored solutions and trusted insight. Allen's expertise spans pricing, actuarial valuations, multi-employer pricing, and financial modeling, empowering clients to make informed decisions with clarity and confidence. A dedicated leader in the actuarial community, he has volunteered as chair and member of key Canadian Institute of Actuaries committees, including those covering postemployment benefits, continuing education, and health. Allen is a past president of the Vancouver Actuaries Club and currently serves as president of the Atlantic Actuarial Club, championing collaboration in the actuarial community. With a bachelor of arts degree in mathematics and a bachelor of philosophy degree in leadership from the University of New Brunswick, he combines his focus on people with his technical expertise to deliver impactful results for his clients and colleagues alike.