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Dr. David Ballard is a psychologist and nonprofit executive with more than two decades of experience in organizational effectiveness, occupational health promotion, workforce mental health, program design and evaluation, and systems-level workplace interventions. He has provided research, consultation, and training services to government agencies, industry groups, corporations, private equity firms, medical schools, and universities. Dr. Ballard serves as vice president of One Mind at Work, where he drives the program's mission of translating science into employer best practices for workforce mental health and organizational performance. He previously led the American Psychological Association's Office of Applied Psychology, Center for Organizational Excellence, and Psychologically Healthy Workplace Program. Dr. Ballard currently chairs the board of directors for The Health Project, which presents the prestigious C. Everett Koop National Health Awards; co-chairs the advisory committee for The Carolyn C. Mattingly Award for Mental Health in the Workplace; and is a member of NIOSH's Cross-Sector Council on Healthy Work Design and Well-being and the External Advisory Board for the Johns Hopkins P.O.E. Total Worker Health Center in Mental Health. Dr. Ballard is co-editor of the book *The Psychologically Healthy Workplace: Building a Win-Win Environment for Organizations and Employees*. He received his doctorate in psychology and his M.B.A. degree in healthcare administration from Widener University.