



**Dr. Hazel Anderson,
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Dr. Hazel Anderson is a core faculty member at the University of St. Augustine in Austin, Texas, where she teaches courses in health promotion, fitness, wellness and patient care fundamentals. Originally from Zimbabwe, Dr. Anderson earned her bachelor of science degree in physiotherapy from Glasgow Caledonian University in Scotland, where she completed her dissertation on the use of Pilates in physical therapy. She later earned her doctor of physical therapy degree from Texas Tech University Health Sciences Center. Currently, she is a doctor of science (D.Sc.) candidate in rehabilitation science at Texas Tech University, with her research focused on the integration of lifestyle medicine in health care education. She is pursuing certification in lifestyle medicine through the American College of Lifestyle Medicine. Clinically, Dr. Anderson has experience in orthopedics, pelvic health, sports and general acute care physical therapy and is certified in mechanical diagnosis and therapy. Dr. Anderson actively contributes to the profession through her roles with the National Academies of Practice, focusing on interprofessional education, and the Texas Physical Therapy Association.