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Paula Allen leads a team of data scientists, researchers, and experts in various areas of health and communications strategy as the global leader of research, insights and strategic communications at TELUS Health. Paula is a well-recognized expert in all areas of workplace mental health. Building on a clinical background, she has more than 20 years of experience relating to workplace research, disability management, health consulting, product development, and operational leadership. Paula is also a sought-after speaker by media, organizations, and conferences for her knowledge and expertise in current issues and the future direction of health, well-being, productivity, and related risk management. Given her expertise in health and health innovation, Paula is a director and committee chair on several boards, most recently the board of the Women's College Hospital, KS Autism Services, The Business Disability Inclusion Network and others, as well as the technical committee of the National Standard for Psychological Health and Safety in the Workplace.